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COURSE DESCRIPTION

The second of two Meridian courses, Meridians II is a continuation of the classification, nomenclature and distribution of the channels and collaterals, acupuncture point locations, and general acupuncture point groupings. Students will learn the proper methods of identifying and locating acupuncture points, based on their anatomical locations and proportionate body measurements. Meridians II cover all the points on the Urinary Bladder, Kidney, Pericardium, San Jiao, Gall Bladder, and Liver channels.

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LEARNING OBJECTIVES

Students will learn physical location of the acupuncture points of the Du, Urinary Bladder, Kidney, Pericardium, San Jiao, Gall Bladder & Liver channels.

Students will learn the channels by their designations of "hand Shao Yin, foot Jue Yin etc."

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COURSE PREREQUISITES

Meridians I

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REQUIRED TEXTS

Chinese Acupuncture and Moxibustion, Language Press, Beijing, 1999

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RECOMMENDED TEXTS

**A Manual of Acupuncture**, Peter Deadman

**A college level Anatomy Text**  
**Anatomy Coloring Book**

**Recommended Apps: TCM Clinic Aid**  
**A Manual of Acupuncture (Deadman)**

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COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

20% = Class Participation  
20% = Weekly Homework  
30% = Midterm Exam  
30% = Final Examination

**Purell**  
**2 Hand Towels**  
**Dots For Point Location**

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

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SPECIAL NOTES

There will be practical point location time for each class. Students are expected to be prepared for full time participation in each of these practical sessions. This includes appropriate dress for easy access to the points covered at any given class. Students are required to be models for each other in the class. Maintenance of a professional attitude when locating points is required and students must adhere to the professional codes of ethics and participate fully in the class.

The instructor has compiled a workbook that the students will use during the class.

Note that this class makes use of anatomical language and students should familiarize themselves with the major bones and muscles of the body. The Anatomy Coloring Book is appropriate for study.

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

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CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)  
Review Of The Anatomical Locations And Measurements

Du Channel And Palpation Of The Spine

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CLASS TWO

**Weekly homework due on UB, quiz on Du Channel**

Urinary Bladder Channel

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CLASS THREE

**Weekly homework due on UB, Quiz on UB part 1**

Urinary Bladder Channel Continued

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CLASS FOUR

**Weekly homework due on KD, Quiz on UB part 2**

KD Channel Foot Shao Yin

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CLASS FIVE

**Weekly homework due  
Midterm Examination**

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CLASS SIX

**Weekly homework due on KD**

Pericardium Channel- Hand Jue Yin

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CLASS SEVEN

**Weekly homework due on SJ, Quiz on PC**

San Jiao Channel- Hand Shao Yang

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CLASS EIGHT

**Weekly homework due on GB part 1, quiz on SJ**

Gall Bladder Channel Foot Shao Yang

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CLASS NINE

**Weekly homework due on GB 2, Quiz on GB1**

**Gall Bladder Channel continued**

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CLASS TEN

**Weekly homework due on Liver, Quiz on Gallbladder 2**

Liver Channel Foot Jue Yin

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CLASS ELEVEN

**Final Examination**

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REFERENCE MATERIAL

Web References:

Online forum for point location issues

**<http://www.jcm.co.uk/>**

Click on Manual of Acupuncture  
then click on point location forum

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FACULTY INFO

Please check with instructor during class to get updated contact info.