

EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
ACUPUNCTURE TECHNIQUES II

COURSE DESCRIPTION

The second of a three-course series, Acupuncture Techniques II continues the study of various methods and theories of acupuncture needling techniques including electroacupuncture, with an emphasis on the proper needling depths and angles, manipulation techniques, safe needling practices and clean needle techniques through in-class demonstrations and practical assignments. This course covers the points along the Urinary Bladder, Kidney, Pericardium, Triple Burner, Gall Bladder, Liver, Ren and Du channels and continues the emphasis on safe needling practices and clean needle techniques, as prescribed by the Laws and Regulations published by the California Acupuncture Board (CAB).

Students will be instructed in hygienic standards, including clean needle techniques. The clean needle technique portion of this subject shall use the "Clean Needle Technique Manual, 7th Edition (rev. January 2016), published by the Council of Colleges of Acupuncture and Oriental Medicine", which is hereby incorporated as reference. Students shall successfully complete the clean needle technique portion of the hygienic standards subject prior to performing any needling techniques on human beings.

LEARNING OBJECTIVES

Upon successful completion of this course, the student will be able to needle the points along each of the above channels with confidence and safety. The student will also be versed in Clean Needle Technique procedures as described in the CNT manual published by the National Acupuncture Federation and described in the Laws and Regulations booklet published by the Acupuncture Committee of the State of California.

COURSE PREREQUISITIES

Acupuncture Techniques I

REQUIRED TEXTS

Chinese Acupuncture and Moxibustion, Language Press, Beijing, 1990.
Clean Needle Technique Manual, 4th Edition. National Acupuncture Foundation.

RECOMMENDED TEXTS

Acupuncture: A Comprehensive Text. Shanghai College of TCM.
Acupuncture Techniques. Johns

COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

30% = Attendance & Practice In Class
10% = Homework
30% = Mid-term Examination
30% = Final Examination

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

The points covered each week are generally covered in three groups ("A", "B" & "C")

The intention is to demonstrate and practice all Group "A" points. Points from groups "B" & "C" will be demonstrated if time permits.

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

The Fundamental Manipulation Techniques

Waiting For and Promoting Qi

Arrival of Qi

Clean Needle Technique Review

CLASS TWO

Kidney channel Points

A: Ki 2, 3, 6, 7, 10, 12, 16, 26, 27

B: Ki 1,4,5,8,9,13,14,15,19,24,25

C: Ki 11, 17, 18, 20, 21, 22, 23

CLASS THREE

Pericardium channel Points

A: PC 3, 5, 6, 7, 8, 9

B: PC 2, 4

C: PC 1

CLASS FOUR

San Jiao channel Points

A: SJ 3, 4, 5, 6, 10, 13, 14, 15, 17, 20, 23

B: SJ 1, 2, 8, 9, 11, 12, 16, 18, 21

C: SJ 7, 19

CLASS FIVE

Mid-term examination

CLASS SIX

Liver channel Points

A: Liv 2, 3, 5, 8, 13, 14

B: Liv 1, 4, 6, 7, 10, 12

C: Liv 9, 11

CLASS SEVEN

Course Code **AC402**
3 Units
30 Hours

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Zhai, Rina
Fall 2019

Gall Bladder channel Points

A: GB 1, 2, 3, 8, 12, 13, 14, 20, 21, 24, 25, 26, 29, 30, 31, 34, 37, 39, 40, 41, 43

B: GB 4, 5, 6, 7, 9, 10, 11, 15, 16, 17, 18, 19, 22, 23, 27, 28, 32, 33, 35, 36, 38, 42, 44

CLASS EIGHT

Gall Bladder channel Points continued

CLASS NINE

Ren channel Points

A: Ren: 3,4,6,9,10,11,12,17,22

B: Ren: 2,7, 13,14,15,18,19,20,21,23,24

C: Ren: 1,5,8,16

CLASS TEN

Du channel Points

A: Du: 3,4,9,11,12,14,16,19,20,21,23,24

B: Du: 1,2,6,7,10,13,15,18,25,26

C: Du: 5,22,27,28

CLASS ELEVEN

Final Examination

REFERENCE MATERIAL

FACULTY INFO

Zhai, Rina

Please check with instructor during class to get updated contact info.

rftwang@yahoo.com

Rina Zhai practiced medicine at Chuangchun Hospital of TCM. She studied under Professor Liu Guanjun, one of the foremost TCM practitioners in China. She was chief researcher for a Jilin Province clinical trial research project on treatment of strokes. Zhai is in private practice in Santa Monica and teaches a number of courses in the MTOM Program including the full series of Acupuncture Techniques as well as training clinical interns as a Supervisor in the Emperor's Clinic.