

#### COURSE DESCRIPTION

In this course, the student will learn how to palpate and needle acupuncture channels for purposes of diagnosis and treatment, as common in the Japanese Acupuncture system, and gain an understanding of the physical and energetic information stored in the three anatomical layers. Diagnostic palpation techniques will also include abdominal palpation, called Hara Diagnosis, and pulse diagnosis.

#### LEARNING OBJECTIVES

At the end of the course, the student will be able to:

1. Identify and describe the unique features and characteristics of palpation
2. Develop the palpatory examination skill to assess and diagnose
3. Demonstrate general and detailed palpation by anatomical layer
4. Demonstrate various needling techniques matching the manifestation of points
5. Understand and use the Four Point Pattern Theory in needling

#### COURSE PREREQUISITIES

Acupuncture Anatomy required; Acupuncture Techniques I and II preferred

#### REQUIRED TEXTS

Handouts

#### RECOMMENDED TEXTS

None

#### COURSE REQUIREMENTS

##### Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

Instructional Materials: Seirin Needle (1 – 40mm, 2 – 40mm), Loose Wakakusa Moxa, Incense, Lighter, Ashtray - Clean Needle Travel Kit

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

#### SPECIAL NOTES

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

Student Evaluation: Attendance, Class participation, Attitude in class, Oral, Written, & Practical - Final Examination

**EMPEROR'S COLLEGE**  
**MTOM COURSE SYLLABUS**  
**MERIDIAN PALPATION**

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Policy of the class: First class mandatory. No texting, facebooking, surfing the Internet, food or drink (exclude water & tea) are allowed during the class. No walk in & out of the classroom during the class except emergency and restroom (although that should be taken care of during break). Please turn off your cell phones.

Students must be wearing lab coat at all time during the class.

Grading:

Students will be assessed and graded using standard Emperor's College letter grading. Positive class participation is evaluated as well.

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CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

Lecture- What is Palpation? History, purpose, and meaning.

Practical- Practice of palpation

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CLASS TWO

Lecture- Method to search for active (effective) points for treatment. Differentiation of four patterns on the hole (point).

Practical- Practice of palpation

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CLASS THREE

Lecture- Meridian Palpation: Lower extremity, Upper extremity. How to differentiate deficiency/excess of the point or area? Then how to treat them? How to utilize needling techniques?

Practical- Demonstration & practice

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CLASS FOUR

Lecture- Meridian Palpation: Back

Practical- Demonstration & practice

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CLASS FIVE

Midterm Examination, Lecture – Needling Techniques

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CLASS SIX

Lecture- Meridian Palpation: Neck / Shoulder 1, Neck / Shoulder 2

Practical- Demonstration & practice

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CLASS SEVEN

Lecture- Meridian Palpation: Head, Chest / Abdominal. Hara Diagnosis.

Practical- Demonstration & practice

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CLASS EIGHT

Lecture- Characteristics of points: Hand / Foot, Pulse Diagnosis

Practical- Demonstration & Practice

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CLASS NINE

Lecture- How to treat each of 4 patterns with Acupuncture and/or Moxibustion?

Practical- Demonstration and Practice

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CLASS TEN

Course Code **EL179**  
3 Units  
30 Hours

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**MTOM COURSE SYLLABUS**  
**MERIDIAN PALPATION**

**Maeda, Atsuki**  
*Fall 2018*

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Lecture- Review for Final Examination, Q & A  
Practical- Review for Final Examination

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CLASS ELEVEN  
Final Exam- Written and Practical

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REFERENCE MATERIAL

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FACULTY INFO

Maeda, Atsuki  
Please check with instructor during class to get updated contact info.

maedasensei@gmail.com