
COURSE DESCRIPTION

Moxibustion is one half of what the Chinese call 針灸 zhēnjiǔ (Acupuncture-Moxibustion) yet in modern times, schools and books have emphasized acupuncture and neglected moxibustion. In this class we will explore the clinical practice of moxibustion. Besides discussing issues such as how to set up your clinic for using moxibustion, functions, safety, and nourishing life with moxibustion, we will discuss and demonstrate the many techniques, including making moxa cones, moxa sticks, and moxa floss; direct and indirect moxibustion, warm needle, medicinal application moxibustion, pressing moxibustion and suspended moxibustion. Participants will practice these techniques and we will make Purple Cloud Ointment in class.

LEARNING OBJECTIVES

Participants will learn:

- Functions and advantages of moxibustion
- The materials and tools of moxibustion
- Different moxibustion techniques and their uses. These will be demonstrated and many will be practiced by participants in the classroom.
- The use of moxibustion for prevention and for nourishing life
- Safety issues and safe practices regarding moxibustion

COURSE PREREQUISITIES

Fundamentals of Oriental Medicine
Anatomy & Physiology I
Meridians I
Meridians II
Acupuncture Anatomy

REQUIRED TEXTS

RECOMMENDED TEXTS

Moxibustion: A Modern Clinical Handbook

The first week's handouts are at:

<https://docs.google.com/open?id=0Bw-goZWYt5KbN09IREdmZ0pOSjQ>

COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

50% - midterm

50% - final

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

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Course Code **EL317**
2 Units
20 Hours

EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
ADVANCED MOXIBUSTION

Wilcox, Lorraine
Winter 2019

CLASS NINE

CLASS 9

Lecture: Various topics regarding moxibustion, moxa sticks
Practice: making moxa sticks

CLASS TEN

CLASS 10

Lecture and Practice: Pressing and suspended moxibustion

CLASS ELEVEN

CLASS 11

FINAL EXAM

REFERENCE MATERIAL

FACULTY INFO

Wilcox, Lorraine

Please check with instructor during class to get updated contact info.

zhenju@gmail.com