## EMPEROR'S COLLEGE MTOM COURSE SYLLABUS OM STUDIES

Woo, Kimberley Spring 2013

2 Units

#### **COURSE DESCRIPTION**

Understand Oriental Medicine in its big picture of human, cultural and historical aspects. Identify your Oriental Medicine learning styles and craft your own success strategies. Prepare students to become an efficient sender and receiver of Oriental Medicine message – empower their presentation and communication skills, teach the art of persuasion and influence in Oriental Medicine practice.

#### LEARNING OBJECTIVES

Students will develop an understanding about:

- Howard Gardener's Theory of Multiple Intelligences;
- Student's individual learning styles;
- Individual approaches to studying that will support learning and academic performance;
- Organization (time, materials, study space);
- Test anxiety and self-confidence;
- Goal-setting;
- Test-taking strategies;
- Self-care
- Assigned time to practice "studying" materials while under the supervision to the teacher

# COURSE PREREQUISITIES REQUIRED TEXTS •A notebook or three-ringed binder dedicated for course materials and hand outs. •Materials needed for each class (as specified in the syllabus) RECOMMENDED TEXTS None

#### COURSE REQUIREMENTS

Students will arrive to class on time.

Students will participate respectfully, as we are all members of an important learning community. Students who miss more than two class meetings of our 10-week course will not pass the class.

Students who arrive more than 15 minutes late or leave class before it ends will be given  $\frac{1}{2}$  absence towards attendance.

Students who leave and return to class late from a break, leave during the class (especially if this is repeated), or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism Please communicate, in advance (via email), if you need to leave the class early or come late.

- Attendance and participation=70%
- •Homework= 18% (as designated by \*\* for each week)
- •Final presentation=12%

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GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

April 1 Two Getting to know you/Icebreaker exercises

"Blue Socks"

"Three rounds of the circle"

Introductions

In-class survey and goal-setting

Howard Gardner's Theory of Multiple Intelligences Test

**Break** 

**Discuss Test Results** 

Overview of "typical classroom" experience

Break into study groups, exchange information

Reveal the KEYS to academic success

#### **CLASS TWO**

April 8 Visual/Spatial

Check-in

Review visual/spatial learning and review show examples

Break into study groups and make

#### **CLASS THREE**

April 15 Musical/Auditory

Check-in

\*\*Bring a chapter or other class material to class

\*\*Bring noise makers

\*\*Bring a list of 10 tunes that you can sing/hum

#### **CLASS FOUR**

April 22 Linguistic/verbal

Check-in

**CLASS FIVE** 

<sup>\*\*</sup>Bring a chapter or other class material to class

<sup>\*\*</sup>Bring colored markers/pens, crayons, colored pencils, graph paper, 3x 5 cards, scissors, glue, chart paper, other art materials that you may have

<sup>\*\*</sup>Bring a chapter or other class material to class

<sup>\*\*</sup>Review: limerick, couplet, stanza, refrain, haiku, iambic pentameter

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April 29 Logical/Mathematical					
Check-in  **Bring a chapter or other class material to class					
**Bring graph paper to class					
**Bring colored pens/pencils/markers/highlighters					
**Bring a copy of the "Big Picture" of basic TCM Acupoints to class					
CLASS SIX					
May 6 Bodily/kinesthetic (gustatory and olfactory, too □)					
Check-in **Pring a chapter or other class material to class					
**Bring a chapter or other class material to class  **Make sure to wear comfortable clothes to class					
**Bring your favorite song to class (let's organize a way to project this music)					
CLASS SEVEN					
May 13 Intrapersonal/Interpersonal					
Check-in					
**Bring a chapter or other class material to class					
**Bring two folders (pee chees?) to class					
**Bring ear plugs/noise canceling ear phones to class  **If you have a laptop computer, please bring it to class					
ii you have a laptop computer, piease billig it to class					
CLASS EIGHT					
May 20 Test taking strategies/Test questions/Test anxiety Check in					
**Bring a chapter or other class material to class					
**Bring something to class that will be your "Dumbo's feather"					
CLASS NINE					
May 27 Putting it all together (Self care, study space, organizing)					
Check in					
**Bring a chapter or other class material to class					
**Please bring either your lap top and/or art materials					
CLASS TEN					
June 3 Final presentations					
CLASS ELEVEN					
REFERENCE MATERIAL					
THE ENERGE WITH ENTRE					
(Name) (email AND phone)					
Study Skills Points Sheet  Attendance/participation (70%) and Hamework (40%), comments					
Attendance/participation (70%), and Homework (18%), comments					

2 Units

### EMPEROR'S COLLEGE MTOM COURSE SYLLABUS

#### **OM STUDIES**

**Woo, Kimberley** Spring 2013

April 1	(7+2 pts)			_
April 8				-
April 15	(7+2 pts)			
April 22				-
April 29				-
May 6	(7+2 pts)			-
May 13	(7+2 pts)			-
May 20	(7+2 pts)			-
May 27	(7+2 pts)			_
June 3	(7pts)			
Final Presentation (12%)		June 3	(12 pts.)	
Final course score		_		XX/100%)
FACULTY INFO				
FACULTY INFO				
NA 16: 1 1				

Woo, Kimberley

Please check with instructor during class to get updated contact info.

kimberleywoo@sbcglobal.net