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COURSE DESCRIPTION

The first of a two-course series, Zang Fu I familiarizes students with simple pathology identification and differentiation according to the model of TCM internal medicine. Students learn the basic signs and symptoms for identifying Zang Fu patterns, utilizing the concepts of eight principles, vital substances, and the organ (Zang Fu) theory. Upon completion of this course, students will be able to differentiate and diagnose simple patterns of pathology and pathogenesis, in accordance to the Zang Fu Theory.

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LEARNING OBJECTIVES

Objective: In this class we cover 3 of the 10 methods of disease differentiation, Zang Fu, qi xue and jin ye, and eight principle theories.

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COURSE PREREQUISITES

Oriental Diagnosis, Introduction to Herbal Medicine

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REQUIRED TEXTS

**Chinese Acupuncture & Moxibustion**, Edited by C. Xinnong. Foreign Language Press, Beijing, China. 3rd Edition, 2010 - "CAM"

**The Foundations of Chinese Medicine**, by Giovanni Maciocia. Churchill Livingstone, Philadelphia, PA. 3rd Edition - "GM"

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RECOMMENDED TEXTS

**A Practical Dictionary of Chinese Medicine**, Nigel Wiseman

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COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

10% - Class attendance

30% - Discussion participation

30% - Mid-Term Examination

30% - Final Examination

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

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SPECIAL NOTES

**Every class will begin with a 5-minute meditation. This meditation is NOT optional. Do not arrive after the meditation.**

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given ½ absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

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CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

Introduction of TCM Differential Diagnosis  
Introduction of teaching methods  
Discussion of studying methods  
Introduction of Differentiation of Eight Principles Patterns

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CLASS TWO

Differentiation of Eight Principles Patterns

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CLASS THREE

Introduction of Qi, Blood and Body Fluid  
Differentiation of Qi and Blood Patterns

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CLASS FOUR

Review of Zang/Fu and body fluids transformation  
Differentiation of Body Fluids Patterns

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CLASS FIVE

Midterm Exam (Covering the contents from Class One to Class Four)

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CLASS SIX

Physiological Functions of Heart and Small Intestine in TCM  
  
Differentiation of Heart and Small Intestine Patterns

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CLASS SEVEN

Physiological Functions of Liver and Gall Bladder in TCM  
  
Differentiation of Liver and Gall Bladder Patterns

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CLASS EIGHT

Physiological Functions of Spleen and Stomach in TCM  
  
Differentiation of Spleen and Stomach Patterns

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CLASS NINE

Physiological Functions of Lung and Large Intestine in TCM  
  
Differentiation of Lung and Large Intestine Patterns

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CLASS TEN

Course Code **OM321**  
3 Units  
30 Hours

**EMPEROR'S COLLEGE**  
**MTOM COURSE SYLLABUS**  
**ZANG FU I**

*Fine, Elizabeth*  
*Fall 2019*

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Physiological Functions of Kidney and Urinary Bladder in TCM

Differentiation of Kidney and Urinary Bladder Patterns

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CLASS ELEVEN

**FINAL EXAMINATION**

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REFERENCE MATERIAL

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FACULTY INFO

Fine, Elizabeth

Please check with instructor during class to get updated contact info.

[fineacumed@gmail.com](mailto:fineacumed@gmail.com)