Course Code *OM330*
4 Units
40 Hours

EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
ORIENTAL DIAGNOSIS

Qiao, Yi
Fall 2019

COURSE DESCRIPTION

This course is an introduction to the basic skills and theories of TCM diagnosis, using the “Four Pillars” of diagnosis; Observation, Auscultation/Olfaction, Inquiry and Palpation. Students will be exposed to the diagnostic techniques and indexes for pulse and tongue examinations, Qi/Blood/Fluid patterns, the eight principles and four levels of pattern identification, and the visual examinations of the face and body. Upon successful completion of this course, the TCM student will have gained the basic skills and knowledge to perform patient intakes and gather relevant information to formulate a TCM diagnosis.

LEARNING OBJECTIVES

The successful student will be able to apply the "Four Pillars "or "Four Examinations"; namely, "Looking", "Listening/Smelling", "Asking" and "Touching" in order to reach a working diagnosis according to the principles of Traditional Chinese Medicine.

COURSE PREREQUISITIES

Fundamentals of Oriental Medicine

REQUIRED TEXTS

Chinese Acupuncture and Moxibustion, Language Press, Beijing, 1999.
Foundations of Chinese Medicine, Maciocia
Practical Diagnosis - Deng
Traditional Chinese Medicine Study Guide: Diagnosis, Yi Qiao/Al Stone, Eastland Press, 2008

RECOMMENDED TEXTS

Tongue Diagnosis in Chinese Medicine, Maciocia
Pulse Diagnosis, Li Shi Zhen
The Pulse Classic, Wang, Shu-He
Pulse Diagnosis, A Clinical Guide, Sean Walsh &Emma King

COURSE REQUIREMENTS

Out-of-Class Work
To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

Attendance, participation and homework: 25%
Quiz #1: 25%
Quiz #2 : 25%
Final Exam: 25%

*NOTE - Because this class will rely heavily on practical application of the diagnostic methods being learned, promptness and attendance are essential. Furthermore, more than one absence or excessive tardiness or leaving before the end of class will result in the lowering of grades.

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GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Handout: http://www.tcmheals.us/student/diagnosis

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Introduction to class and class requirements.
Lecture: Introduction of TCM diagnosis
Lecture: The Pulse
Practice: Basic pulse taking skills

Reading assignment: Maciocia: P285, P353 – 361; CAM: P288-289; Practical Diagnosis: P83 – P 95

Home work

CLASS TWO
Lecture: The Pulse (continued)
Practice: Pulse taking
Reading assignment: Maciocia: P361 – 367; CAM: 289 – 291; Practical Diagnosis: P95 - 145
Home work

CLASS THREE
Lecture: palpation
Practice: Pulse taking and palpation
Clinical Observation
Reading assignment: Maciocia: P367-374: CAM: 292; Practical Diagnosis: P145 – 162
Home work

CLASS FOUR
Quiz #1
Review Quiz#1
Lecture: Observation/Looking
Reading assignment: Maciocia: P287 – P310; CAM P277 – 280; Practical Diagnosis: P3 - 32

CLASS FIVE
Lecture: Tongue Diagnosis
Practice: Tongue Diagnosis
Reading assignment: Maciocia: P311 – 313; CAM P280 – 281; Practical Diagnosis: P33 - 44
Homework

CLASS SIX
Lecture: Tongue Diagnosis
Practice: Tongue Diagnosis
Reading assignment: Maciocia: P313 – 316; CAM P282 – 283; Practical Diagnosis: P44 - 55
Homework

CLASS SEVEN
Quiz#2
Review #2
Clinical observation
Lecture: Listening and smelling
Reading assignment: Maciocia: P377 – 380; CAM: P283; Practical Diagnosis: P56 - 62

CLASS EIGHT
Lecture: Inquiring
Reading assignment: Maciocia: P 317 – P323 (introduction); P339 – 341 (Chills and fever); P336 (sweating); P323 – 324 (pain); CAM P284 – 287; Practical Diagnosis: P81, P63 - 70

Home work

CLASS NINE
Lecture: Inquiring
Reading assignment: Maciocia: P 326 – 335; CAM P287 – 288; Practical Diagnosis: P70 – 78
Home Work

CLASS TEN
Lecture: Inquiring
Review Emperor's Clinic intake form
Final exam review
Reading assignment: Maciocia: P335 (sleeping), P348 – 350 (women); CAM P288; Practical Diagnosis: P78 – 81

Home Work

CLASS ELEVEN
Final Examination (25%)
Homework due

REFERENCE MATERIAL
Notes for Oriental Diagnosis
Observation; complexion, posture, demeanor, tongue, nails, color, aura, emotional and spiritual presentation of the individual.

Audio-Olfaction; sound of voice, breathing, wheezing, body noise, quality of voice, content, language and tone of the patient's oral presentation, emotions and smell.

Inquiry: ability to gather a complete history of the individual's process of health and illness, personal history, family history, current stresses and support; ability to ask questions which best present Yin-Yang, elemental and functional balance of Qi according to the traditional correlations and correspondences; the ten questions and the five questions.

Oriental Diagnostic Theory; the principles and methods of investigation and examination. The study of patterns of disharmony, systems of correspondences, differentiation of syndrome, assessment of change, pathogenesis of disease and clinical manifestations.

World-Wide-Web Links of Interest
FIVE PHASE PULSE DIAGNOSIS: The Art of Science Or the Science of Art? by Andrew Smith, MEd, BA(Mil), DiplAc
http://botanicum.com/acuahmedresearch142.html
or
http://www.acupuncture.com/Research/Pulse2.htm
TONGUE DIAGNOSIS
http://beyondwellbeing.com/html/tongueform.htm

FACULTY INFO

Qiao, Yi
Please check with instructor during class to get updated contact info.
310.895.8129
yi.acuherb@hotmail.com